

**EFFECTS OF BIOPHARM STRESS RELEASE ANTIOX
ON THE HEALTH OF CHILDREN AFTER
THE CHERNOBYL NUCLEAR ACCIDENT**

TECHNICAL REPORT NO: 9201

N.A. GRES AND T.I.POLYAKOVA RADIATION
MEDICINE RESEARCH INSTITUTE MINISTRY OF
HEALTH, REPUBLIC OF BELARUS IN
COOPERATION WITH
DR. WILLIAM JAMES FAHEY BIOPHARMS HAWAII USA

INTRODUCTION. THE WORLDS INCREASINGLY UNFAVORABLE ECOLOGICAL CONDITIONS WERE COMPLICATED FURTHER BY THE 1986 CHERNOBYL NUCLEAR ACCIDENT. CONTENTS OF STRONTIUM AND PLATINUM RADIONUCLEIDS IN THE HUMAN BODY HAVE INCREASED 2.5 TO 5 TIMES. UP TO 3 PER CENT OF THE REPUBLIC'S POPULATION HAVE INCREASED CONTENTS OF CESIUM .. BETWEEN 25 AND 37 PER CENT OF CHILDREN HAVE NITRATE PRESENCE IN THEIR BODIES 2 TO 3 TIMES HIGHER THAN PERMISSIBLE LEVELS. AN EXCESS OF LEAD IS EVIDENCED IN 57.5 TO 66.8 PER CENT OF THE POPULATION.

THE UNUSUALLY STRESSFUL ECOLOGICAL CONDITIONS RESULTING FROM THE CHERNOBYL ACCIDENT CALL FOR A RIGOROUS AND OPEN MINDED SEARCH FOR REMEDIES CAPABLE OF PROTECTING AND STRENGTHENING THE HUMAN BODY UNDER UNRELENTING ASSAULT ONE FORMULATION WAS PRODUCED BY BIOPHARM CORPORATION USA IN HAWAII. THE PRODUCT, STRESS RELEASE/AOX, IS MADE ENTIRELY OF ORGANICALLY GROWN WHEAT SPROUTS THAT HAVE BEEN SHOWN TO ENHANCE THE BODY'S PRODUCTION OF THE ANTI-OXIDANT ENZYMES SUPEROXIDE DISMUTASE, CATALASE, GLUTATHIONE PEROXIDASE AND METHIONINE REDUCTASE. THEORIZING THAT INCREASED ANTI-OXIDANT ACTIVITY MIGHT HELP THE BODY DEFEND ITSELF AGAINST HIGH LEVELS OF RADIATION AND OTHER ADVERSE ECOLOGICAL CONDITIONS, THE INVESTIGATORS DEvised THE FOLLOWING STUDY TO ASSESS THE EFFECT OF STRESS RELEASE ON HUMAN NEUROLOGICAL, CARDIO-VASCULAR, IMMUNE, ANTI-OXIDANT AND BLOOD CIRCULATION SYSTEMS.

SUBJECTS. THE EXPERIMENTAL GROUP CONSISTED OF 51 CHILDREN AND TEENAGERS (aged 6 to 17) ALL OF WHOM RESIDE IN THE YELSK AND NAROVL Y A DISTRICTS AROUND GOMEL. THESE AREAS HAVE CESIUM CONTAMINATION AT THE RATE OF 7 TO 25 CI PER SQ. KM. THE CONTROL GROUP CONSISTED OF 25 OTHER CHILDREN LIVING IN THE SAME AREAS AND HAVING SIMILAR LIVING CONDITIONS.

METHOD. SUBJECTS IN THE EXPERIMENTAL GROUP WERE ADMINISTERED STRESS RELEASE/AOX AS FOLLOWS: FOR THE FIRST TWO WEEKS, 4 TABLETS DAILY, TAKEN IN THE MORNING BEFORE THE FIRST MEAL. AFTER THE FIRST TWO WEEKS, 2 TABLETS DAILY TAKEN AT THE SAME TIME OF DAY. THROUGHOUT THE COURSE OF THE STUDY, SUBJECTS DRANK 6 GLASSES OF WATER DAILY. SUBJECTS IN THE CONTROL GROUP RECEIVED NO STRESS RELEASE/ AOX.

**Institute of Clinical and Experimental Neurology
Department of Health Georgian Republic
Georgia, Tbilisi**

BIOPHARMS

Research department

Dear colleagues,

Kindly given the combined antioxidant drug SOD roused definite interest, because potentiation of free-radical processes and decrease of SOD activity is important pathogenetic link of many diseases including such serious process as acute cerebral ischemia.

"EFFECT OF ORAL ANTIOXIDANT ENZYME SUPPLEMENTATION UPON TRANSIENT ISCHAEMIC ATTACKS (TIA)."

A summary of Clinical research.

Introduction.

In many investigators opinion the use of SOD in therapeutic aims is complicated by two circumstances: First, this enzyme is quickly demolished during injection into organism and has few time of semilife ($T_{1/2}$ = about 6 minutes) (Beckman et al., 1986), second - SOD penetrates badly through cellular membranes and hematoencephalic barrier (Michelson, Ruget, 1980).

At the same time SOD impenetrated into cells and being in blood, prevents injuring action of free radicals on endothelium and vascular wall of smooth muscle cells (Kontos, 1985), as well as showing its defending action, especially in pathologic conditions, accompanied by violation of hemocirculation (McCord, 1985). SOD effect in experimental organal ischemia and lack of information

about negative consequences, SOD-therapy is a theoretical basis for drug use in angioneurological branch of our institute.

Materials

For appraisal of antioxidal therapy influence on biochemical models dynamics (maintenance of lipid peroxidation (LPO) products and antioxidal enzyme activity in erythrocytes) a group of patients (10 men) with TIA was picked out and information received was compared with biochemical models in group of TIA patients, in which only symptomatic therapy was carried out (hypotensive, cardiac drugs).

Insufficient quantity of drug and peroral form of given antioxidant SOD deprived us the possibility of its clinic approbation in heavier ischemia forms.

The first group of patients with symptomatic therapy.

The second group of patients given antioxidant drug in addition. A minimum of 6 tablets were given once daily. First thing in the morning upon rising, 1 hour before eating.

Dates of observation - 1-2 days, 7-8, 14-15 days.

Analysis were carried out on the biochemical analyzer "Spectrum".

Methods:

1. Definition of SOD by Nishikini N., Rao N.A., Jagi K. with use of nitroblue tetrazolil.

2. Definition of glutathione reductase (GR) activity by kinetic of oxidation HADQH₂.

3. Definition of glutation peroxidaza (GPO) activity carried out in a system combined with GR activity added in medium incubation.

4. Definition catalaza activity by the quantity of disintegrated H₂O₂.

5. Malondialdehyd (MDA) and dienocongugats (DIO) content determination by Stelov U.D., Garishvili T.G.

The lack of biochemical analyzer at our institute forced us to

carry out the investigations in one of the Moscow clinical laboratories.

Findings

DK content doesn't increase in the first group of patients during the whole process of observation. This parameter remains unaltered also in the second group included in the scheme of antioxidant drug therapy, that is to say the preparation doesn't decrease DK content of erythrocyte below the control level.

MDA content of the first group is increased quiet enough at 1-2 days of observation and only at 14-15th day comes back to the control level. MDA content in the second group of patients during the whole period of observation doesn't differ from the control level, that is to say reliable MDA decrease takes place.

SOD activity in the first group of patients is decreased during the first week of observation, but in the second group the former is increased up to the control level.

Catalase, GPO and GR activity in erythrocytes of both groups is unaltered. That is to say against the background of antioxidant drug distinct decrease of second products content takes place in the TIA patients. This effect is probably connected with the normalization of the first antioxidant protection element - SOD.

The fact that the given antioxidant doesn't influence the DK content, catalase, GPO and GR activity, that is to say the unaltered indexes in TIA patient attracts attention. It shows that the former plays a positive effect on weakened antioxidant system links and suppressing lipid peroxidation (LPO) activity caused by ischemia at the same time doesn't decrease LPO intensity below the control level.

Conclusion

That means that the antioxidant therapy is effective in TIA patients, and gets back to normal LPO and erythrocytes antioxidant enzyme activity. As the LPO activation in erythrocytes reflects the metabolic shifts, which takes place in ischemic areas,

positive dynamics of biochemical indexes shows the intensification of antioxidant protection system in brain, caused by the usage of given drug and gives base to wait for positive dynamics in neurologic status in case of more acute ischemia forms.

We consider the use of given injectable antioxidant form the most effective in case of more acute ischemia forms.

Yours sincerely,

R.R. Shakarishvili
Director of Institute
of Clinical and Experimental
Neurology
Doctor of Med. Sciences

15.07.90